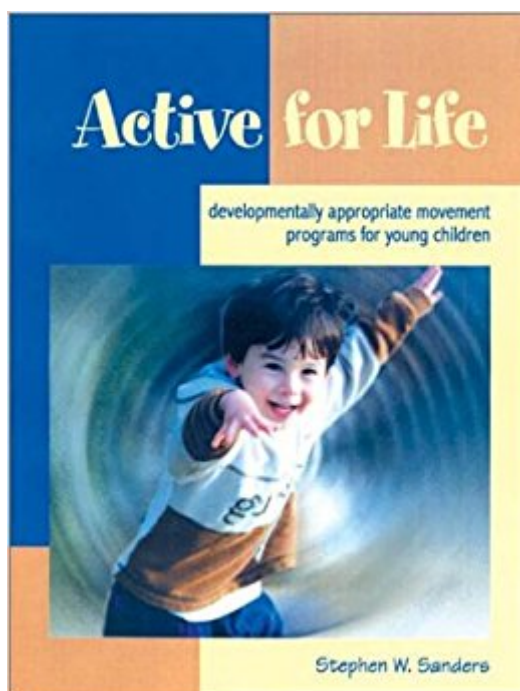


The book was found

Active For Life: Developmentally Appropriate Movement Programs For Young Children



Synopsis

Most young children love vigorous physical activity, but research shows that they may not continue to be active throughout childhood and beyond if they lack a foundation of skills. Early childhood educators need to ensure children's learning of the physical skills as well as movement concepts necessary to start them toward active and healthy lives. This book provides guidance on what high-quality movement programs should include: environments designed for young children, effective curriculum components, developmental approaches to teaching, planned assessment, and more. Unlocking children's movement potential will inspire a love of physical activity for years to come.

Book Information

Paperback: 128 pages

Publisher: Human Kinetics Publishers (January 2002)

Language: English

ISBN-10: 1928896049

ISBN-13: 978-1928896043

Product Dimensions: 10.9 x 8.4 x 0.3 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 4.2 out of 5 stars 3 customer reviews

Best Sellers Rank: #345,036 in Books (See Top 100 in Books) #24 in [Books > Sports & Outdoors > Individual Sports > Fencing](#) #1127 in [Books > Education & Teaching > Schools & Teaching > Early Childhood Education](#) #7325 in [Books > Education & Teaching > Schools & Teaching > Education Theory](#)

Customer Reviews

Stephen Sanders, EdD, is the chair of the department of health and physical education at the Tennessee Technological University in Cookeville, Tennessee. Dr. Sanders was also an associate professor at the University of Memphis and Auburn University. He began his career teaching physical education in middle and high schools in Indiana and Georgia. He also was the president and owner of the Children's Movement Center in Marietta, Georgia, a preschool physical education program for children 6 months to 6 years of age, with an enrollment of 1,500 children. Dr. Sanders has consulted and published extensively on preschool movement programs. He was the editor of the Journal of Teaching Elementary Physical Education (TEPE) for three years as well as the Preschool Section managing editor for PE Central, a prominent Web site for physical education

teachers. He is a member of the American Alliance for Health, Physical Education, Recreation and Dance and the National Association for the Education of Young Children.

As a gym teacher for infants through Kindergarten age children, this book gave me some concrete ideas of what might or might not work with children of differing developmental ages. This book will also help parents to have realistic expectations for their own child's physical abilities.

awesome

okay

[Download to continue reading...](#)

Active for Life: Developmentally Appropriate Movement Programs for Young Children
Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth Through Age 8 Fine Motor Fun: Hundreds of Developmentally Age-Appropriate Activities Designed to Improve Fine Motor Skills (Key Education) Developmentally Appropriate Curriculum: Best Practices in Early Childhood Education (6th Edition) Developmentally Appropriate Curriculum: Best Practices in Early Childhood Education, Enhanced Pearson eText with Loose-Leaf Version -- Access Card Package (6th Edition) Teaching Student-Centered Mathematics: Developmentally Appropriate Instruction for Grades Pre-K-2 (Volume I) (3rd Edition) Developmentally Appropriate Practice: Curriculum and Development in Early Education W/ Professional Enhancement Booklet Movement Matters: Essays on Movement Science, Movement Ecology, and the Nature of Movement Teaching Developmentally Disabled Children: The Me Book Get Active!: Active Teaching Ideas for Lifetime Learning Edgar Allan Poe: Complete Works (JKL Classics - Active TOC, Active Footnotes ,Illustrated) Green Wizardry: Conservation, Solar Power, Organic Gardening, and Other Hands-On Skills From the Appropriate Tech Toolkit Free Appropriate Public Education: IEPs and the IDEA (Litigator Series) The Cassell Dictionary of Appropriate Adjectives Elementary and Middle School Mathematics: Teaching Developmentally (7th Edition) Elementary and Middle School Mathematics: Teaching Developmentally (8th Edition) (Teaching Student-Centered Mathematics Series) Elementary and Middle School Mathematics: Teaching Developmentally Summer Fun: Learning Programs 2002 (Peterson's Learning Programs) Insider's Guide to Graduate Programs in Clinical and Counseling Psychology: 2016/2017 Edition (Insider's Guide to Graduate Programs in Clinical & Counseling Psychology) Administration of Programs for Young Children

Contact Us

DMCA

Privacy

FAQ & Help